

OUR GAMES



MINDLIGHT: RELAXATION ALLOWS THE PLAYER TO SOLVE
ATTENTION BIAS MODIFICATION PUZZLES

MADE BY GAINPLAY STUDIO, PRODUCED BY GEMH LAB

ABOUT THE GAME

MindLight incorporates several evidence-based strategies including relaxation and mindfulness techniques, attention bias modification methods, and neurofeedback mechanics that together produce an immersive game world through which children learn to manage and overcome anxiety symptoms

TRAILER

[Mindlight Trailer](#)

FEEDBACK

MindLight was nominated as a Top 3 finalist for the Games for Change 2015 Most Significant Impact award.

THE SCIENCE: [Mindlight Childhood Anxiety Prevention](#)



GainPlay Studio designs and builds games and apps that improve the world. We make products that feel good, work well and get the right result. Products that enable your users to experience what you have in mind.